

Food Pantries and Resources

Project Bread's FoodSource Hotline

Always free & confidential for all Massachusetts residents, our expert counselors are ready to assist callers in 180 languages. Our FoodSource Hotline provides free, expert assistance in understanding what programs are out there to help you go beyond just making ends meet, stretch your food budget, and reliably feed yourself or your family. They can help you access local food resources and federal nutrition programs. They can tell you if you qualify for SNAP - a.k.a. money for groceries - and help you apply, where you can find free meals for your kids, and many other local food programs. **Call 1-800-645-8333.**

USDA National Hunger Hotline

Call 1-866-3-HUNGRY (1-866-348-6479) or 1-877-8-HAMBRE (1-877-842-6273) (Spanish). Operated weekdays from 8am–8pm ET by Hunger Free America on behalf of the USDA. They can refer callers to local food assistance, SNAP offices, and federally funded meal programs.

Hunger Free America "Find Food" Tool

Access the Hunger Free America online tool to locate nearby food assistance like pantries, meal programs, and federal nutrition services.

Greater Boston Food Bank Agency Locator

Use GBFB's Partner Agency Locator to search by ZIP code for food pantries, meal programs, and more across Eastern Massachusetts. This includes over 600 hunger relief agencies in 190 towns, plus SNAP application support.

WIC

WIC is a nutrition program that provides healthy foods, nutrition education, breastfeeding support, and referrals to healthcare and other services, free of charge, to Massachusetts families who qualify. WIC's goal is to help children under 5 and those that are pregnant, just had a baby or are breastfeeding stay healthy. The WIC website contains updated information and individuals may contact the local WIC programs with any questions about breastfeeding, nutrition, and shopping. WIC is available to all families regardless of immigration or citizenship status. Check out WIC's eligibility page to see how families can apply online for WIC services. Individuals receiving SNAP and many types of MassHealth are automatically income-eligible for WIC. Parents, grandparents and foster parents

may apply for children under the age of five years who are in their care.
Contact 1-800-942-1007

Acton

Mount Calvary Community Supper

472 Massachusetts Avenue Acton, MA 01720

(978) 263-5156

**Open to residents of all towns

Meal Program Hours: Wednesday 4:30pm-6:00pm

Bedford

Bedford Community Table Pantry

12 Mudge Way Bedford, MA 01730

(781) 275-7727

**Open to Bedford residents

Pantry Program Hours:

Thursday- 10:30am-11:30am (Drive Thru only NO appointments needed.
Limited home deliveries or alternative pick up times available call to speak to
social worker)

1:00pm-3:00pm

SNAP assistance, tax/financial support, housing assistance, healthcare
screenings/referrals

Billerica

Billerica Community Pantry

Contact Name- Kim Andreasen

11 Concord Road Billerica, MA 01821

(978) 357-7560 billericapantry@gmail.com www.BillericaCommunityPantry.com

**Open to residents of Billerica

Hours: Monday- 4:00-7:00pm (2nd and 4th of month)

Tuesday- 9:00am-1:30pm (2nd and 4th of month)

Saturday- 9:00am-12:00pm (2nd of month)

Boxborough

Acton community supper and food pantry

235 Summer Road, Building 1, Lower Level, Boxborough, MA 01719

(978) 635-9295 www.actonfoodpantry.org

**Open to Acton, Boxborough, Concord, Carlisle, Littleton, Maynard, Stow, and Westford residents

Hours: Wednesday- 10:00am-7:00pm (1st, 2nd, 3rd, 5th of month)

Thursday- 9:30am-11:30am (1st, 2nd, 3rd, 5th of month)

Burlington

People Helping People Burlington Food pantry

21 Murray Ave Burlington, MA

(781) 270-6625 www.peoplehelpingpeopleinc.org/

**Open to residents of Burlington

Hours: Tuesday- 3:00-7:00pm

Wednesday- 11:00am-2:00pm

Thursday- 11:00am-1:00pm

Devens

Loaves and Fishes Pantry

234 Barnum Road Devens, MA 01434

(978) 772-4627 Loavesfishespantry.org office@loavesfishespantry.org

**Open to: Harvard, Littleton, Ayer, Devens, Dunstable, Groton, and Shirley

Hours: Every Wednesday and Friday 9:00am-12:00pm

First Tuesday of the month 4:00pm-7:00pm

Third Saturday of the month 9:00am-12:00pm

Last Thursday of the month 9:00am-12:00pm

Lawrence

Neighbors in Need

Serving Greater Lawrence

Tuesdays:

9:30am-10:30am- Iglesia Adventista Del Septimo Dia Jerusalem, 198 South Broadway, Lawrence

5:30pm-6:30pm- First Church Congregational, 26 Pleasant Street, Methuen

Wednesdays:

9:00am-10:30am- Neil Playstead 188 Lawrence St., Methuen (next to St. Monica's Church)

Thursdays:

9:00am-10:30am- Boys and Girls Club 136 Water Street, Lawrence

4:00pm-5:00pm- Andover South Church 41 Central Street, Andover

Fridays:

9:00am-10:30am- Ministerio Apostolico Jesucristo es el Senor 96 East Haverhill Street, Lawrence

Andover

Andover South Church- Sponsored by Neighbors in Need

41 Central Street Andover, MA 01810

www.needfood.org (978) 685-8321

Hours: Thursday- 4:00-5:00pm in the Fellowship Hall

Salvation Army

250 Haverhill Street Lawrence, MA 01842

(978) 682-8038

Hours: Monday- 9:00am-3:00pm

Tuesday- 9:00am-3:00pm

Wednesday- 9:00am-3:00pm

Thursday- 9:00am-3:00pm

Friday- 9:00am-3:00pm

Sunday- 10:00am-1:00pm

Lincoln

St. Vincent de Paul Food Pantry

142 Lincoln Road Lincoln, MA 01773 (located behind St. Joseph church)

(781) 899-2611

**Open to Lincoln and Weston Residents

Hours: Wednesday- 7:30am-5:00pm

Thursday- 7:30am-1:00pm Saturday- 9:00-11am

Littleton

Neighborhood Supper- Congregational Church

330 King Street Littleton, MA 01460

(978) 486-3245 Office@ccol.org

**Open to residents of all towns

Hours: Every Tuesday, the church hosts a community meal in the Fellowship Hall from 5:30pm-6:45pm

Maynard

Open Table Food Pantry

33 Main Street Maynard, MA 01754

(978) 369-2275 www.opentable.org

**Open to residents of Acton, Bedford, Boxborough, Billerica, Carlisle, Chelmsford, Concord, Framingham, Hudson, Lexington, Littleton, Lincoln, Lowell, Marlborough, Maynard, Natick, Stow, Sudbury, Waltham, Wayland, and Westford

Pantry Program Hours:

Tuesday- 1:00pm-3:00pm (seniors only (65+)) 3:00pm-6:30pm

Thursday- 11:00am-4:30pm

Meal Program Hours:

Tuesday- 1:00pm-3:00pm (seniors only (65+)) 3:00pm-6:30pm (to go only)

Thursday- 11:00am-4:30pm (to go only)

Maynard Food Pantry

82 Main Street Maynard, MA 01754

Program contact: Mary Brannelly

(978) 897-8340 mjtbrannelly@comcast.net

**Open to Acton, Maynard, Stow, and Sudbury residents

Hours: Monday- 9:30am-12pm

Sudbury

Sudbury Community Food Pantry

160 Concord Road Sudbury, MA 01776

(978) 443-7725 www.sudburyfoodpantry.org

**Open to residents from all towns

Hours: Wednesday- 12:pm-2:00pm

Friday- 12:00pm-2:00pm

Stow

Stow Food Pantry

509 Great Road Stow, MA 01775

(978) 897-4230 www.stowfoodpantry.com

**Open to Acton, Bolton, Boxborough, Lancaster, Maynard, and Stow residents

Hours: Friday- 9:00am-12:00pm (3rd of the month) (call ahead for appointment)

Saturday- 9:00am-12:00pm (1st of the month) (call ahead for appointment)
Sunday- 9:00am-12:00pm (1st of the month) (call ahead for appointment)

Windham

Shepherd's Pantry

1 Church Street Windham, MA 03087

(781) 899-2611

Food Distribution Hours:

Wednesday- 7:30am-5:00pm

Thursday- 7:30am-1:00pm

Saturday- 9:00am-11:00am

Pantry Hours:

Wednesday- 7:30am-5:00pm

Thursday- 7:30am-1:00pm

Saturday- 9:00am-11:00am

Waltham

New Healthy Mass

204 2nd Avenue Waltham, MA 02451

(617) 916-1883 www.newhealthymass.org

Pantry Program- (857) 266-5649

Tax/financial support, WIC outreach, SNAP assistance, housing assistance, healthcare screening/referrals, nutrition education/services, employment services/workforce development

JFCS Family Table

14300 Main Street Waltham, MA 02451

(781) 647-5327 www.jfcsboston.org

Pantry Program Hours: Tuesday- 11:00am-2:00pm

Wednesday- 4:00pm-7:00pm (1st of the month)

SNAP services, healthcare screenings/referrals, housing assistance, nutrition education/services, tax/financial support

MHSA/Bristol Lodge Pantry

750 Main Street Waltham, MA 02451

(781) 899-2099

Hours: Wednesday- 9:00am-12:00pm

Healthy Waltham Mobile Pantry

5 Cherry Street Waltham, MA 02453

(781) 314-5647 www.healthy-waltham.org

Hours:

Thursday- 1:30pm-4:15pm (2nd, 4th of the month) (by appointment)
4:30pm-5:00pm (walk-ins)

Mobile Market Location Hours:

Thursday- 1:30pm-4:15pm (2nd, 4th of the month) (by appointment)
4:30pm-5:00pm (walk-ins)

Salvation Army/Waltham pantry and Meals Program

33 Myrtle Street Waltham, MA 02453

(781) 894-0413 www.salvationarmyma.org/waltham

Pantry Program Hours: Tuesday- 10:00am-12:00pm

Wednesday- 10:00am-12:00pm

Thursday- 10:00am-12:00pm

Meal Program Hours: Monday- 10:00am-12:00pm

Tuesday- 10:00am-12:00pm

Wednesday- 10:00am-12:00pm

Thursday- 10:00am-12:00pm

Friday- 10:00am-12:00pm

Healthcare screenings/referrals, housing assistance, tax/financial support, SNAP assistance

Wayland

Celebration International Church

6 Loker Street, Door G, Wayland, MA 01778

(508) 887-2229

Hours: Thursday- 7:00pm-8:00pm (1st and 3rd week of month)

Westford

Westford Food Pantry

55 Main Street Westford, MA 01886

(978) 692-5523 www.westfordfoodpantry.org

Hours: Wednesday- 5:00pm-8:00pm

Friday- 9:00am-11:00am

Woburn

Council of Social Concern

2 Merrimac Street Woburn, MA 01801

(781) 935-6495

**Open to residents of Woburn and Winchester Limited to one time per month and through pre-arranged appointments

Hours: Tuesdays & Thursdays: 9:30am-11:30am and 1:30pm-3:00pm

Wednesdays: 6:00pm-7:00pm for individuals who work or attend school during the day