



Behavioral Health Resources

Veterans' Support Opportunities

National resources

Veterans' Crisis Line: veteranscrisisline.net For veterans and their loved ones
Call 988 and Press 1 or text 838255 or chat online, 24/7.

VA Mental Health Care: va.gov/health-care/health-needs-conditions/mental-health

Make the Connection: maketheconnection.net

A website where veterans and their family members can connect with stories of help and hope, and learn from veterans' experience.

Area resources

Edith Nourse Rogers Memorial Veterans' Hospital: va.gov/bedford-health-care
200 Springs Road, Bedford, MA, Mental Health Walk-In Clinic, Mon–Fri, 8:00AM - 4:00PM in building 78. Schedule an appointment 781-687-2347, VA Benefits. Certified Peer Specialists available

Home Base: homebase.org

Charlestown Navy Yard Boston, Associated with Massachusetts General Hospital. Offers intensive clinical programs and outpatient support for veterans and their family members. Insurance and no fee based care.

Clear Path for Veterans of New England: clearpathne.org

A wellness based Veterans' Community Center in Devens MA with emphasis on reconnecting veterans to their communities. No fee.

NAMI MA Compass Helpline: namimass.org/nami-mass-compass-helpline

An information and referral helpline that provides resources and support to help people navigate the mental health system and problem solve in difficult circumstances, Mon–Fri, 10:00AM - 6:00PM, Contact: 617-704-6264 or 1-800-370-9085, or compass@namimass.org.

NAMI MA also offers support groups and classes for people living with a mental health condition and their family members/supporters. No fee.

Urgent and crisis care

MA Behavioral Health Helpline: masshelpline.com or 833-773-2445

Call or text 24/7 for urgent care evaluation, connection to clinical services and mobile crisis response. Those concerned about someone who may need support are welcome to call.

Community Behavioral Health Centers (CBHCs): mass.gov/info-details/find-your-local-community-behavioral-health-center or 833-773-2445

24/7 walk-in alternative to emergency department visits for mental health and substance use crisis and urgent care. CBHCs in Waltham, Framingham, Lowell and Leominster cover the Emerson Hospital service area. Check the link for location info.